

Date: 01<sup>st</sup> March 2024

To,  
Listing Compliance Department,  
**National Stock Exchange of India Limited,**  
Exchange Plaza, Bandra Kurla Complex,  
Bandra East, Mumbai-400051

**NSE Symbol: Madhavbaug**

**Sub: Acceptance of Research Paper on “Impact of Ayurveda-based Panchakarma Therapy in Change of the VO<sub>2</sub>peak in Congestive Heart Failure Patients” in Asian Journal of Cardiology Research**

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With reference to captioned subject, We are delighted to inform you that our Research Paper on “**Impact of Ayurveda-based Panchakarma Therapy in Change of the VO<sub>2</sub>peak in Congestive Heart Failure Patients**” has been accepted in **Asian Journal of Cardiology Research**.

This observational study has concluded that-

*“The Ayurveda-based panchakarma treatment proved beneficial in improving the exercise capacity measured in VO<sub>2</sub>peak and MET, thus improving the exercise tolerance of the study population and reducing the risk of mortality.”*

Acceptance of this observational study marks one more feather in cap in our company’s research based treatment therapies and its epitome of such treatment protocol are the dire necessity of the Today’s fast moving Lifestyle.

Below is the link to the study:

[Impact of Ayurveda-based Panchakarma Therapy in Change of the VO<sub>2</sub>peak in Congestive Heart Failure Patients - An Observational Study](#)

We would request you to take the above intimation on records.

For, **Vaidya Sane Ayurved Laboratories Limited**

**Abhishek Deshpande**  
Company Secretary & Compliance Officer

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**VAIDYA SANE AYURVED LABORATORIES LIMITED**

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